

The Goodness of the Lord
Reference: **Psalm 34:8** (NKJV)
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Main Point 1: Taste and See that the Lord is Good

The writer of Psalm 34 is David, and he begins this verse with an invitation to taste and see the goodness of the Lord. This phrase calls for us to experience the Lord's goodness in our lives personally.

- Taste** - David is talking about experience, something a person experiences that gives them knowledge about what something is like. Notice "*Taste... that the Lord is good,*" experience for yourself that the Lord is good.
- See** - David is talking about to ascertain, to learn, or to find out something, typically by making an effort or an inquiry.

How can we "*taste and see that the Lord is good?*"

1. Spend time in prayer. **Psalm 62:8**
2. Spend time reading His Word. **Matthew 4:4**
3. Spend time attending worship services.
Hebrews 10:25
4. Spend more time with other believers.
Proverbs 27:17
5. Spend time being open to God's blessings and guidance in our daily lives. **2 Corinthians 9:8-15**

Main Point 2: Blessed is the Man Who Trusts in Him

Trusting in the Lord requires faith and surrendering our wills to Him. It also involves believing that God is good and has our best interests at heart. Trust is defined as a "firm belief in the reliability, truth, ability, or strength of someone or something." **Proverbs 3:5-6**

Trusting God requires three things:

1. Trusting Him requires faith. **John 14:6**
2. Trusting Him requires surrendering our wills to Him. The word surrendering means to "cease resistance and submit to authority"
3. Trusting Him involves believing God is good. We surrender our will because Jesus is God and God is good.

Three simple things to consider

1. Trust God's timing. **Isaiah 40:27; James 4:14**
2. Trust God's faithfulness. **1 Thessalonians 5:23**
3. Trust God's grace. **Ephesians 2:8-9**

Main Point 3: The Goodness of the Lord

God rests in Himself as good. He cannot be more or less good, He simply is all that goodness is. No matter what we face in life, we can be confident that He is always good.

God's goodness towards us is immeasurable, and we should always be grateful for it, and strive to demonstrate it to others.

Ways in which we can apply the goodness of the Lord in our lives:

1. Give thanks to God. **1 Chronicles 16:34a**
2. Demonstrate His goodness to others. **Romans 12:21**
3. Expect His goodness. **Psalm 27:13; Joshua 23:14**

Seek and experience the Lord's goodness in your life.