

## HAPPY ARE THOSE THAT DON'T OVER REACT

Reference: **Matthew 5:1-12**

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In **Matthew 5** Jesus mentions eight different statements that are, together, called the beatitudes. The word beatitude means blessed, and blessedness means \_\_\_\_\_.

This message addresses the third beatitude, and that is "Blessed are the meek," or restated as "happy are those that don't \_\_\_\_\_ - \_\_\_\_\_." Read **verse five**

It is interesting that the word "meek" is derived from the root word *praos* and means "mild, soft, and \_\_\_\_\_."

Definition: Meekness is strength under \_\_\_\_\_.

Footnote: The earth mentioned here is probably a reference to the future prophetic messianic period on the earth called the \_\_\_\_\_.

Jesus was Himself the incarnation of meekness.

Reference: **II Corinthians 10:1**; **Matthew 26:53** (see screen)

**Please don't miss this:** If meekness is strength under control, then strength \_\_\_\_\_ is the same as an **over-reaction**.

Here are five techniques to being meek and not over reacting.

ONE is if someone misserves us, then we are to be \_\_\_\_\_, but not \_\_\_\_\_.

Reference: **Matthew 7:12** (see screen)

TWO is if someone disappoints us, then be \_\_\_\_\_, but not \_\_\_\_\_.

Reference: **Galatians 6:1** (see screen)

THREE is if someone disagrees with us, then be \_\_\_\_\_, but not \_\_\_\_\_.

Disagreements happen, and there are three things we can do if someone has a serious disagreement with us:

- We can retreat in \_\_\_\_\_.
- We can attack in \_\_\_\_\_.  
Reference: **Proverbs 15:1** (see screen)
- We can respond in \_\_\_\_\_.  
Reference: **II Timothy 2:23-25** (see screen)

FOUR is if someone corrects us, then be \_\_\_\_\_, and not \_\_\_\_\_.

Reference: **Proverbs 13:18** (see screen)

FIVE is if someone hurts us, be an \_\_\_\_\_, and not a \_\_\_\_\_.

Reference: **Romans 12:17** and **21**; **Proverbs 16:32** and **25:28** (see screen)